## March 27, 2023

The Lord wants you to live in His liberty and freedom.

## **Ps. 28:7** The LORD is my strength and my shield; my heart trusts in Him, and He helps me. My heart leaps for joy, and with my song I praise Him. (NIV)

Because of the greatness of the LORD, we can know, just as David did, that He hears and answers all of our prayers. Part of living in the freedom of God is knowing that He is always listening to our heart's cry. No prayer offered up misses the throne of the King of Kings and LORD of Lords. And David acknowledges that the LORD is his strength in times of weakness and his shield in times when he needs protection. And it is because of the faithfulness of God that David knows he can call upon Him anytime and anywhere. Now here is the beauty of this prayer: *He helps me*. These are beautiful and promising words that are based on the word of the LORD Himself. He is *always* faithful. He is *always* listening. He will *always* hear our prayers.

David makes this initial exclamation: the LORD is *my* strength and *my* shield. All of the things referenced here are only apropos for those who know the LORD personally. Many can say they follow the LORD, but God knows their hearts. It is in our transparency and commitment to Him that we know that our prayers are heard and answered. It is not our strength, but His, that allows us to walk forward by faith and face the giants of this world. Since He has all power and all strength, He can certainly carry the burdens of this world upon His shoulders. And He will not only carry them, but He will carry you and I as well. This should bring praise to our hearts and to our lips, just as it did for David. Let's praise the LORD today! Let's sing His praise!

Dear LORD, thank You that You are our strength and our protection. We will trust in You today and we know that You will help us. Let us sing Your praises today with joy and gladness. In Jesus Name, Amen